



## **Expanded Course Outline**

(Ten Week Program)

### ***Mounted Patrol Training – Basic Academy***

**(San Francisco Police Department Mounted Patrol Unit – Basic Instruction Course)**

Training Mounted Law Enforcement Officers: Theories, Protocol and Application

**Course Instructor: Stan Buscovich, CA P.O.S.T. Master Instructor**

**Trainer: Chris Olocco, CA P.O.S.T. Mounted Instructor**



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### **LEARNING GOALS**

1. This course is designed to educate law enforcement officers in the theories, protocol, and application skills necessary to perform the duties of a mounted patrol officer on horseback.
2. Instruction is intended to provide mounted officers / officers-in-charge with an in-depth understanding of their responsibilities, explain how to best utilize their mounted unit in the skills and knowledge needed for properly carrying out their duties.
3. To train the officers in the basic skills & knowledge of an equestrian.
4. A comprehensive Mounted Patrol Training *manual* – Basic Academy, will be issued to each student. Assignment to the Mounted Unit is making a continual commitment to training.
5. The instruction will be on a 10 hour day, four days a week (Monday through Thursday). No vacation days and or watches-off changed (other than in an emergency) will be granted during this training period. An equestrian safety helmet shall be worn at all times working with horses.
6. If more than one student (maximum of four) attends this training academy at a time, the pace of instruction / equestrian ability will be based on the skill level of the lowest rider.

### **LEARNING OBJECTIVES**

At the end of 10 weeks of instruction, the student(s) will have accurately identified and discussed the topics and tasks of the course. To measure this learning process, each student will actively participate in numerous individual and Mounted Unit group exercises to the satisfaction of the instructional staff.

Each student, with a high degree of proficiency, will be able to demonstrate these learning objectives within the time frames allotted for the psychomotor segments of the training. At the conclusion of the course, an equestrian proficiency test plus a written examination (questions derived from the topics and tasks) will be administered, with a minimum passing score of 90%.

# *Mounted Police Academy – Week One*

## DAY 1 (Mon.) / 10 Hours

- I. Introduction to “Mounted Patrol Training – Basic Academy”
  - A. Welcome / introduction to 10weeks of Mounted Patrol training
  - B. Course waiver release and emergency contact information forms signed / turned in
  - C. My three instructional rules (see pictures)
  - D. Why, what where, when and how (of the San Francisco Police Mounted Patrol Unit)
  - E. W.I.I.F.M.?
  - F. CA P.O.S.T. Safety Guidelines (Equestrian – Part XIV)
  - G. A certified equestrian helmet is **mandatory** in all training on or with a horse
  - H. Human hygiene requirements concerning handling horses / barn duty
  - I. Basic Mounted Patrol Training – manual
  - J. Daily evaluation of all training (*manual / tests / DVD / camcorder recordings*)
  
- II. Stable management
  - A. Needs / requirements
  - B. Stable duty (demonstration of stall / barn cleaning chores)
  - C. Types of feed for the horses
  - D. Building confidence around horses / barn equipment
  - E. Approaching and walking the horse on foot
  
- III. Introduction to the Police Stable area
  - A. Lecture
  - B. Getting acquainted with the barn and stable area / all arenas
  - C. Working with new officers / civilian employees
  - D. Round ring demonstration – ground school (use of a wireless mic sound system)
  
- IV. Equipment issue
  - A. Lecture (introduction to stable duty needs / requirements)
  - B. Clothing (relaxed / civilian – jeans / boots)
  - C. Tools / tie rope (knot tying – bowline & slip knot)
  - D. Locker room - locker(s) assigned
  
- V. History of the Military Horse and Rider
  - A. Video - Stan Buscovich’s “History of the Military Horse and Rider”
  - B. Supplements / handouts for the student’s training manual
  - C. Homework assignment (manual – read chapter 3 / History of the Horse)

## **DAY 2 (Tues.) / 10 Hours**

- I. Line-up / start of the day – classroom session
  - A. Inspection of proper stable duty clothing
  - B. Review of History of the Horse (homework assignment)
  - C. Topics / tasks for the day
  
- II. Stable duty
  - A. Clothing
  - B. Equipment
  - C. Stall cleaning / set-up – supervised
  - D. Good hygiene – wash hands when appropriate
  - E. Use of a safe breathing mask
  
- III. Cleaning / grading of ground – Stable arena and round ring
  - A. Water down with hose to control dust
  - B. Fence removal & replaced
  - C. Vehicle (borrowed from the gardeners at the Polo field) and a chain pulled grader
  - D. Tools / equipment needed
  
- IV. Ground school for lounging & bare back riding – use of a wireless sound system (Stable arena)
  - A. Halter lead rope / lung line / carrot stick
  - B. Step up box for mounting the horse
  - C. Lung line attached to horse / halter, controlled by the instructor
  - D. Safety officer in the arena on foot with the instructor (whistle)
  - E. 50 gallon empty barrel used for training (emergency dismount practice)
  - F. Safety officer in arena on foot plus emergency whistle system in effect at all times
  
- V. Basic horsemanship
  - A. Lecture
  - B. Student training manual review
  - C. DVD – The Equestrian (German riding school)
  - D. Homework assignment – anatomy of the horse (parts of the horse)

*The most effective training will be conducted in an environment that fosters high self-esteem, motivation and performance (Lt. Post, 1992).*

## **DAY 3 (Wed.) / 10 Hours**

- I. Line-up / start of the day – classroom session
  - A. Entire Mounted Unit compliment for the line-up
  - B. Inspection of proper stable duty clothing
  - C. Topics / tasks for the day
  
- II. Horse types and basic anatomy (review of homework assignment)
  - A. Breeds
  - B. Colors
  - C. Basic horse anatomy nomenclatures (inner Stable / wall test)
  - D. Engine / movements of the horse
  - E. Prey animal (the Horse)
    - 1. Vision
    - 2. Psychology of the horse
    - 3. Gregarious / herd animal
    - 4. Reward and punishment
  
- III. Stable duty
  - A. Clothing – inspection
  - B. Equipment
  - C. Stall cleaning & set-up
  
- IV. Basic ground school (round ring)
  - A. Use of a wireless sound system / mic for the instructor, plus riding music played
  - B. On foot – instructor demonstration
  - C. One horse / one student at a time with the instructor
  - D. The Seven Games (manual – chapter 1)
  
- V. Cleaning the horse
  - A. Cross tie
  - B. Cleaners / equipment / tools
  - C. How to clean (demonstration, then student(s) clean)
  
- VI. Walking the horse on foot (Polo Field track – one mile)
  - A. Halter lead rope / carrot stick
  - B. One instructor for each student (both on foot)
  - C. Walk and stop and then small circle exercise employing lung line and carrot stick
  
- VII. Our roots – S.F.P.D. Mounted Patrol Unit
  - A. Lecture
  - B. Video – US Cavalry (Crossed Sabers)
  - C. Homework assignment – parts of tack (Western & English)

## DAY 4 (Thurs.) / 10 Hours

- I. Line-up / start of the day – classroom session
  - A. Line-up (entire Mounted Unit compliment)
  - B. Inspection of proper stable duty clothing
  - C. Topics / tasks for the day
  
- II. Basic tack (review of homework assignment)
  - A. Saddle – Western & English (wall & tack room test)
  - B. Bridle & bits (tack room test)
  - C. Tack cleaning
  - D. Halter lead rope
  
- III. Stable duty
  - A. Clothing
  - B. Equipment
  - C. Stall cleaning & set-up – supervised
  
- IV. Mounted Unit golden rules
  - A. Video – Royal Canadian Mounted Police
  - B. Group quiz – Mounted Unit Golden Rules
  - C. Teamwork lecture
  
- V. Ground school for lounging & bare back riding – use of a wireless mic for the instructor (Stable arena)
  - A. Halter lead rope, tied into reins for the rider
  - B. Step up box for mounting the horse
  - C. No lung line held by the instructor
  - D. Safety officer in the arena on foot with the instructor (safety whistles in use)
  - E. 50 gallon empty barrel used for training (emergency dismount & 4 natural aids practiced)
  
- VI. Ground school and riding demonstration (show and tell) by the instructor - sound system (Stable arena)
  - A. Barn sour saddled horse running amuck at different gaits (carrot stick instructor)
  - B. Trained horse ridden by instructor
  - C. Washing and cleaning of the horses used today (demonstration, then students clean)
  - D. Cleaning of all tack used today (demonstration, then students clean)
  
- VII. Review of Week 1
  - A. Review (topics & tasks for Week 1)
  - B. Student(s) review written evaluations by the instructor (document) – one on one
  - C. Student(s) to fill out weekly training critique and return same on Monday morning
  
- VIII. Preparation for Week 2
  - A. Clothing purchases (civilian boots and jeans)
  - B. Basic horsemanship – Pony Book (manual – Chapter 5)
  - C. Ground school (round ring) – the 7 games that horses play (view handout – chapter 5)
  - D. Setting up individual / students tack on saddle rack (tack room)

## *Mounted Police Academy – Week Two*

### DAY 5 (Mon.) / 10 Hours

- I. Line-up / student's critique document turned in / basic horsemanship (The Equestrian)
  - A. Lecture
  - B. Pony Book (Chapter 5 of the mounted police training manual)
  - C. Stretching as an athlete, getting ready to ride
  
- II. Stable management / stable duty
  - A. Clothing – inspection
  - B. Equipment
  - C. Stall cleaning
  - D. Barn maintenance
  
- III. Introduction to tack (saddle and bridle parts / uses)
  - A. Basic parts of the saddle & bridle (Western)
  - B. Why, what where, when & how of tack
  - C. To properly saddle and bridle a horse
  - D. Halter lead rope
  - E. Removal of tack
  - F. Cleaning
  
- IV. Ground school – learning the 7 games that horses play (trailer horses to Bercut Field)
  - 1. The friendly game
  - 2. The porcupine game
  - 3. The driving game
  - 4. The yo-yo game
  - 5. **The circling game**
  - 6. The sideways game
  - 7. Squeeze game
  
- V. Tack (set-up student's bridle & saddle)
  - A. Arrange individual student / officer tack on stationary saddle tree (tack room)
  - B. Clean tack
  
- VI. U.S. Cavalry riding video
  - A. History
  - B. Horsemanship – military equestrian skills & knowledge

C. Training

**DAY 6 (Tues.) / 10 Hours**

- I. Line-up / Ground school training (Dennis Rees video / TV)
  - A. Lunge line
  - B. Halter lead rope set-up
  - C. Reasons for using both tools
  - D. To see / view gaits and beats of the traveling horse hoofs on the ground
  
- II. Stable duty
  - A. Clothing
  - B. Equipment
  - C. Stall cleaning
  - D. Barn maintenance
  
- III. Ground school – practicing the 7 games that horses play (trailer horses to Bercut Field)
  - 1. The friendly game
  - 2. The porcupine game
  - 3. The driving game
  - 4. The yo-yo game
  - 5. **The circling game**
  - 6. The sideways game
  - 7. Squeeze game
  
- IV. Basic horsemanship (stable arena) plus mock horse / barrel training
  - A. Lecture - stretching before mounting or riding (on and off the barrel)
  - B. Arena – closed (fenced) safe learning environment
  - C. Preparation for two 1 ½ hr. riding exercises a day
  - D. Groom and tack your mount (all the way through 10 weeks of training)
  - E. Use of the Pony Book
  - F. Lecture – Natural Aids and Gaits
  - G. Ride work – walk & stop (depending on current skill / comfort level)
  - H. Use of music (to help feel the beat of the different gaits, plus calms the horses)
  - I. Clean all tack (all used tack will be cleaned by learner all the way through training)
  
- V. Police mounted patrol responsibilities and duties
  - A. Law enforcement from a horse
  - B. Public relations / ceremonial
  - C. Crowd control (friendly and hostile)
  - D. Video / DVDs of mounted police details / events
  
- VI. Law enforcement from a horse (S.F.P.D.)
  - A. 25 year waiting list to be assigned to the Mounted Patrol Unit



- B. A different kind of vehicle (the horse) to do your job / role as a peace officer
- C. View S.F.P.D. Mounted Police video

### **DAY 7 (Wed.) / 10 Hours**

- I. Line-up / Stable Duty
  - A. Clothing
  - B. Equipment
  - C. Stall cleaning
  - D. Horse assigned to the individual trainee / student for the day
  
- II. DVD of S.F.P.D. Mounted unit's graduation (musical ride) – 2008
  - A. View TV – Trainers room
  
- III. Ground school – practicing the 7 games that horses play (round ring)
  - 1. **The friendly game**
  - 2. **The porcupine game**
  - 3. **The driving game**
  - 4. The yo-yo game
  - 5. The circling game
  - 6. The sideways game
  - 7. Squeeze game
  
- IV. Basic horsemanship - plus mock horse / barrel training (stable arena)
  - A. Lecture – legs and seat (balance on the barrel)
  - B. Arena – closed (fenced) safe learning environment
  - C. Preparation for two 1 ½ hr. riding exercises a day (stretching)
  - D. Groom and tack (inspected everyday by the instructional staff)
  - E. Use of the Pony Book
  - F. Gaits and aids
  - G. Ride work – walk & stop (depending on current / comfort skill level)
  - H. Use of music
  - I. Clean tack used
  
- V. Purchase of training clothing (civilian riding boots and jeans)
  - A. Nearest western clothing store – Petaluma, CA
  - B. Boots – Ropers (plain leather boots with heels)
  - C. Jeans – Wrangles (full cut)

#### ***My top three instructional rules as a teacher:***

- 1. Safety is paramount in training (in the arena as well in the classroom setting).
- 2. The student is the most important person in the classroom / arena, not the instructor.

3. Adults learn best when they are actively involved in the instruction / training.

~ *Stan Buscoivch* ~

### **DAY 8 (Thurs.) / 10 Hours**

- I. Line-up / Stable Duty
  - A. Clothing – inspection
  - B. Equipment
  - C. Stall cleaning
  - D. Horse assigned to the individual trainee / student for the day
- II. Tack review (saddle and bridle – parts & uses)
  - A. Basic parts of the saddle & tack (Western)
  - B. Why, what where, when & how of tack
  - C. To properly saddle and bridle a horse
  - D. Removal of tack
  - E. Use of a lead rope / halter
  - F. Cleaning
- III. Barrel training – see photo (stable arena) and practicing the 7 games (round ring)
  - A. Stretching before mounting / sitting (balance / seat and legs on the barrel)
  - B. Halter lead rope and use of the carrot stick – 7 games (round ring)
- IV. Cleaning the horse(s) and tack for afternoon use
  - A. Cross tie – Trainer cleans a horse, then student(s) clean – instructors observe
  - B. Tack room – clean saddle and halter lead rope
- V. Basic horsemanship – riding (stable arena)
  - A. Instructor & safety officer in the arena at all times (sound system and whistles)
  - B. Saddle and halter lead rope in use (no bridle, bits or spurs)
  - C. At the gait of the walk only
- VI. Review of 2<sup>nd</sup> Week of training
  - A. Review (topics & tasks for Week 2)
    - 1. Saddle, bridle and halter lead rope (tack)
    - 2.. Equestrian skills and knowledge
    - 3. Mounted police responsibilities & duties
  - B. Student(s) review written evaluations by the instructor (document) – one on one
  - C. Student(s) to fill out weekly training critique and return same on Monday morning
- VII. Preparation for Week 3
  - A. Basic horsemanship (manual – Chapter 5)
  - B. The Mounted Drill (manual – Chapter 7)
  - C. Small ring training (small stable arena / round ring)
  - D. Mounted Police responsibilities (manual – Chapters 6, 8 & 9)

- E. The Mounted Unit Formula
- F. Weekend homework assignment – read / review the 7 games, ground school (Chapter 5)

## *Mounted Police Academy – Week Three*

### **DAY 9 (Mon.) / 10 Hours**

- I. Line-up / student's critique document turned in / Stable Duty
  - A. Clothing – inspection
  - B. Equipment needed
  - C. Stall cleaning
  - D. Horse assigned to the individual trainee / student for the day
  - E. Help instructional staff set up for the next training module if needed
  
- II. Ground school – 7 games and the Mounted Drill walk-through (classroom)
  - A. Review test (7 Games)
  - B. Handout – Chapters # 5 & 7 of the manual (Equestrian & The Mounted Drill)
  - C. Needed – round ring / halter lead rope – and a carrot stick / (training aid)
  - D. Walk through on foot using handout – mounting & dismounting – The Mounted Drill
  
- III. The Mounted Unit Organizational Formula (classroom)
  - A. People
  - B. Policy
  - C. Training
  - D. Supervisors
  - E. Discipline
    - 1. DVD – the movie Gladiator (first 11 minutes) / test (handout – Training Tip # 4)
  
- IV. Ground school / Basic horsemanship (stable arena and round ring)
  - A. Groom and clean a horse properly (for morning and afternoon classes)
  - B. Seven games of ground school (round ring) – one on one with the Trainer
  - C. 50 gallon barrel exercise
  - D. Tack up (saddle and halter lead rope turned into reins)
  - E. Stretch, bend horses – exercise – cool down
  - F. Walk, stop and turning (leg yielding) – stable arena
  - G. Clean horse(s) & tack and put away properly
  
- V. Police Stable night shift assignment (1500 hrs. to 2300 hrs.) – instruction
  - A. Stable attendant & or instructional staff
  - B. Feed / supplements

- C. Bring in horses / late afternoon – clean and put into box stalls
- D. Safety issues concerning being alone in the barn at night time

## **DAY 10 (Tues.) / 10 Hours**

- I. Line-up / stable duty
  - A. Clothing – inspection
  - B. Equipment needed
  - C. Stall cleaning
  - D. Horse assigned to the individual trainee / student for the day
  - E. Help instructional staff set up for the next training module if needed
  
- II. Police stable ferrier training
  - A. Observe his work / Q & A session with the Ferrier
  - B. Basic information / knowledge needed for mounted patrol assignment
  - C. On the job training
  
- III. Ground school / basic horsemanship (stable arena and round ring)
  - A. Groom and clean a horse properly (for morning & afternoon classes)
  - B. Seven games of ground school (round ring) – one on one with the Trainer
  - C. 50 gallon barrel exercise
  - D. Tack up (saddle and halter lead rope turned into reins)
  - E. Stretch, bend horses – exercise – cool down
  - F. Walk, stop and turning (leg yielding) – stable arena
  - G. Clean horse(s) & tack and put away properly
  - H. Watch recorded video – DVD / TV of their daily training (classroom)
  
- IV. Clean upper riding arena (East, near Polo field) for next week's training
  - A. Arena cleared of all foreign items / cut tree branches hanging over the arena fence
  - B. Grader to flatten / clean ground (use of a truck and medal slide grader)
  - C. Hose and water to help with dust control / flatten dirt
  
- V. Basic horsemanship – saddle & halter lead rope in use (stable arena)
  - A. Use of the Pony Book
  - B. Groom and clean a horse properly
  - C. Tack up
  - D. Walk, trot, stop and leg yielding (using colored / bending poles for guides)
  - E. Student(s) ride on horseback to Angler's Lodge and back (instructor to guide on foot)
  - F. Un-tack
  - G. Clean horse(s)
  - H. Clean and return tack properly

*Bad riding is an affair of strength and courage, to be pursued only while strength and courage last.  
Good riding is an affair of skill which can continue through old age and infirmity (Wyndmalen).*

**DAY 11 (Wed.) / 10 Hours**

- I. Line up / join entire Mounted Unit's Wednesday group training (lesson to be announced)
  - A. Join / audit Unit group training if appropriate or at skill level?
  - B. Early morning exercise (usually about 2 hours)
  - C. Activity – to be announced
  
- II. Ground school / basic horsemanship (Stable arena and round ring)
  - A. Groom and clean a horse properly (for morning & afternoon classes)
  - B. Seven games of ground school (round ring) – one on one with the Trainer
  - C. 50 gallon barrel exercise
  - D. Tack up (saddle and halter lead rope turned into reins)
  - E. Stretch, bend horses – exercise – cool down
  - F. Walk, stop and turning (leg yielding) and posting – Stable arena
  - G. Watch recorded video – DVD / TV of the students daily training (classroom)
  
- III. Clean (rake) / water upper riding arena (East, near Polo field) for next week's training
  - A. Repair (tools) main water valve, bring large hose & nozzle to spray water
  - B. Water ground using a hose and also turn on sprinklers to help with dust / flatten dirt
  
- IV. Basic horsemanship – “bridle” / reins training (inside stable)
  - A. Use of the Pony Book – Chapter 5
  - B. Demonstration by the Trainer
  - C. Practice with one horse – utilize the proper bit and bridle that fits the horse in use
  - D. Students practice bridling the horse (one at a time) – 2 times each
  - E. Clean and return tack properly
  
- V. Demonstration of equestrian safety issues – run away forward / out of control going backwards
  - A. Round ring (one on one with the horse and rider / student) – see runaway diagram
  - B. Straighten up (posture), then a good seat (balance) & then use of legs & reins to slow
    1. Get control to slow down going forward – make large to small circles
    2. Going backwards – use one leg – side / leg yield to disengage the hind quarter
  
- VI. Trail ride outside of the Stable area (use of a saddle and halter lead rope – reins)
  - A. In column of twos or more (instructor on foot – guiding)
  - B. 10 to 15 minutes no more – bridle trail on JFK near Buffalo Field and back to the Barn
  - C. Clean horse(s) and tack and return properly

*The mediocre teacher tells.  
The good teacher explains.  
The superior teacher demonstrates.*

**DAY 12 (Thurs.) / 10 Hours**

- I. Line-up / stable duty
  - A. Clothing – inspection
  - B. Equipment needed
  - C. Stall cleaning
  - D. Horse assigned to the individual trainee / student for the day
  - E. Help instructional staff set up for the next training module if needed
- II. Posting and emergency riding procedures – run away (round ring)
  - A. One student / mount, and one instructor at a time in the ring
  - B. Practicing skills and knowledge for a horseback riding runaway (forward – backwards)
  - C. Posting exercise – sit trot / rising trot
- III. Basic horsemanship – “bridle” / reins training (inside Stable)
  - A. Use of the Pony Book – Chapter 5
  - B. Demonstration by the Trainer
  - C. Practice utilize the proper bit and bridle that fits the horse in use
  - D. Students practice bridling the horse that they will use today
  - E. Clean and return bridal tack properly
- IV. Basic horsemanship – saddle / halter lead rope – turned into reins (Stable arena) – see octagon diagram
  - A. Arena props – ground poles in the shape of an **octagon** (bending around – leg yielding)
  - B. Groom and clean a horse properly
  - C. Tack up
  - D. Walk, stop, back-up, trot (sit & rise) and leg yielding around (inside / outside) ground poles
  - E. Un-tack
  - F. Clean horses and tack and return properly
- V. Police mounted patrol major responsibilities
  - A. Law enforcement from a horse
  - B. Crowd control (both friendly and hostile)
  - C. Public relations / ceremonial functions (Cow Palace color guard video)
- VI. Polo Field Arena (East of the Police Stable), Golden Gate Park
  - A. A larger fenced arena to train in other than the Police Stable arena (flat harder ground)
  - B. Groomed, cleaned and watered (dust control)
  - C. Set up arena props for next week’s training
- VII. Review of Week 3 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
- VIII. Preparation for Week 4
  - A. Horsemanship skills and knowledge (leg yielding & bending / walk, trot & canter)
  - B. Polo Field east – equestrian fenced arena – groomed and cleaned
  - C. Golden Gate Park short trail rides (bridal trails MLK & JFK / North & South trials)

- D. Trailer training (driving and ride along – taking the place of horses inside the trailer moving)
- E. Guest riding instructor –Aline Sierra (Wednesday – group training presentation)
- F. Homework assignment for the weekend – Law Enforcement from a Horse (Chapter 6)

## ***Mounted Police Academy – Week Four***

### **DAY 13 (Mon.) / 10 Hours**

- I. Line-up / student's critique document turned in / stable duty
  - A. Clothing – inspection
  - B. Equipment needed
  - C. Stall cleaning
  - D. Horse assigned to the individual trainee / student for the day
  - E. Help instructional staff set up for the next training module if needed
- II. Initial **horse trailer** instruction (Department truck and trailer – 4 horse rig)
  - A. Lecture & application (truck & trailer hook-up)
  - B. A ride along as a horse inside trailer (@ 1 mile) plus driving (no horses in use)
  - C. Loading and transporting (one good trained horse – ground school technique) Stable
  - D. Knot / halter tying inside & out of the trailer
- III. Basic horsemanship (skills & knowledge) – using a bridal & bit (Stable arena)
  - A. Correct bridal and bit for the individual horse in use
  - B. Artificial aids
  - C. Leg yielding (RCMP handout)– 45 degree turns & riding in an octagon shape (out & in)
  - D. Bending (applying leg yields – inside or outside leg)
- IV. Law Enforcement from a Horse (Trainer's classroom – TV / VCR) – see Chapter 6
  - A. Lecture (duties and responsibilities of a mounted peace officer)
  - B. Violations inside the Park
  - C. Violations outside the Park
  - D. Video test – Graffiti Night and Stranger Danger Kids Program (TV series on Channel 4)
- V. Trail ride outside of the Stable area (incorporating a bridal / bit to already used tack)
  - A. Trail rides with the instructional staff (walk & trot? – depending)
  - B. Lower end of GGP – North Trail, South Trail and Chain of Lakes
  - C. Clean horse(s) and tack and return properly

## DAY 14 (Tues.) / 10 Hours

- I. Line-up / stable duty
  - A. Clothing – inspection
  - B. Stall cleaning
  - C. Horse assigned to the individual trainee / student for the day
  - D. Help instructional staff set up for the next training module if needed
  
- II. Basic horsemanship (skills & knowledge) – continuation of large and small ring training
  - A. **“Deer (student / learner) in the head lights” lecture (trust your instructional staff)**
  - B. Natural / artificial aids
  - C. Leg yielding – 45 degree corners / see diagram – picture
  - D. Bending
  - E. Backing
  - F. Side passing
  - G. One on one with the instructor – posting / **cantering** (round ring)
  - H. One on one with the instructor (Angler’s Lodge parking lot) – runaway training
  
- III. Stable arena, GGP (column of twos game)
  - A. Touch the wall
  - B. Bending around colored poles with red cups on top
  - C. White plastic baton to pass – rider to rider / also from the cones (red cup)
  - D. Guiding to the right in twos – passing the baton
  - E. Pommel to pommel riding (guide right)
  
- IV. Equestrian review so far – Q & A (classroom)
  - A. Walk / trot / canter
  - B. Runaway – forward / backwards (what to do?)
  - C. Chapter 5 of the manual review
  
- V. Stable management
  - A. Clean stable for Wednesday’s guest instructor
  - B. Groom (grade) / prepare stable arena for upcoming training
  - C. Lecture – skills and knowledge (manual – Chapter 5) for guest instructor
  
- VI. Ride along with the instructional staff
  - A. Trail ride with the Trainers (walk & trot? – depending)
  - B. Lower end of GGP – North Trail, South Trail and Chain of Lakes
  - C. Clean horse(s) and tack and return properly



*The slogan for the U.S. Cavalry School: "Moblitate Vigemus (We thrive by mobility!)*

**DAY 15 (Wed.) / 10 Hours**

- I. Line up / join entire Mounted Unit's Wednesday group training (lesson to be announced)
  - A. Join / audit Unit group training if appropriate or at skill level?
  - B. Early morning exercise (usually about 2 hours)
  - C. Activity – to be announced
  
- II. Ground school (7 games) – demonstration and review by the instructor (round ring) handout-5
  1. **The friendly game**
  2. **The porcupine game**
  3. **The driving game**
  4. The yo-yo game
  5. The circling game
  6. The sideways game
  7. Squeeze game
  
- III. Basic horsemanship demonstration @ 2 hours – **guest riding instructor - Aline** (Stable arena)
  - A. Groomed Stable riding arena already prepared
  - B. Lecture and exhibition of riding skills by the guest instructor (waiver signed)
    1. Ground school demonstration
    2. Use of a halter lead rope / reins – no bit & bridal or spurs used while riding
    3. Posting and canter demonstration
    4. Trail ride after demonstration with the guest instructor?
    5. Validation by guest instructor of Trainer's instruction (Basic 10 week Academy)
  
- IV. Basic horsemanship (skills & knowledge) – continuation of large and small ring training
  - A. Natural aids (balanced seat)
  - B. Artificial aids
  - C. Leg yielding – 45 degree corners (two)
  - D. Bending
  - E. Backing
  - F. Side passing
  - G. One on one with the instructor – posting / cantering (round ring)
  - H. One on one with the instructor (Angler's Lodge parking lot) – runaway training
  
- V. Ride along with the instructional staff
  - A. Trail ride with the Trainer / FTOs (walk & trot? – depending)
  - B. Lower end of GGP – North Trail, South Trail and Chain of Lakes
  - C. Clean horse(s) and tack and return properly

*If the student fails to learn, the teacher fails to teach.*

**DAY 16 (Thurs.) / 10 Hours**

- I. Line-up / stable duty
  - A. Stall cleaning
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
- II. Basic horsemanship (skills & knowledge) – continuation of large and small ring training
  - A. Natural aids (balanced seat) / artificial aids (spurs???)
  - B. Leg yielding – 45 degree corners (two)
  - C. Backing
  - D. Side passing
  - E. One on one with the instructor – posting / cantering (round ring)
  - F. One on one with the instructor (Angler's Lodge parking lot) – runaway training
- III. Lecture / video quizzes (Trainer's classroom)
  - A. Review of the final academy written test & riding proficiency exam (Q & A)
  - B. Review of guest instructor – yesterday
  - C. Video quiz (TV) – Orange County Mounted Patrol Unit detail – 2002
  - D. Video – S.F.P.D. Mounted Patrol Unit – 1972
- IV. End of instructional week review and or ride – extra training, by request of student(s)
  - A. Addressing the special needs of the student – equestrian skills & knowledge
  - B. Officer's locker / equipment / clothing – updating / repair
- V. Properly clean / bathe the horse (lecture / application)
  - A. Tools and equipment to do the job
  - B. Clipping and trimming
  - C. Manes and tails
  - D. Sheath cleaning
  - E. Bathe (washing) and scraping
- VI. Review of Week 4 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
- VII. Preparation for Week 5
  - A. Horsemanship training (leg yielding & bending / walk, trot & canter) – East arena

- B. Continuation of trailer training / driving
- C. Golden Gate Park instructional rides (upper end of the park – beats 1, 2, 3 & 4)
- D. Law enforcement scenarios / initial horse baton training (defensive weapon only)
- E. Homework assignment for the weekend – mounted patrol uniforms (Chapter 10)

## ***Mounted Police Academy – Week Five***

### **DAY 17 (Mon.) / 10 Hours**

- I. Line-up / student's critique document turned in / stable duty
  - A. Clothing – inspection
  - B. Stable duty
  - C. Help instructional staff set up for the next training module if needed
  - D. Sgt. / Trainer – schedule Veterinarian training for the 6<sup>th</sup> week of training (2 days each)
  
- II. Continuation of trailer training
  - A. Hook-up (trailer & truck) – safety guidelines
  - B. Driving – both truck & trailer (no horses on board) – Sunset Blvd. – Lake Merced circle
  - C. Backing up (Police Stable parking lot & or Angler's Lodge) – no horses on board
  - D. Loading and unloading horse(s) (use of one or two horses for exercise) – Police Stable
  - E. Cleaning the trailer and truck, plus cleaning rules / guidelines for a Unit deployment
  
- III. Basic horsemanship (Police Stable & or round ring – depending on private riding lessons)
  - A. Posture and balance (3 step instructional method of training)
  - B. Use of legs (leg yields – like yo-yo ground school game – 1, 2, or 3 level of pressure)
  - C. Turning on the front quarter only – 90, 180 & 360 degrees
  - D. 45 degree turns in movement (2 corners in use) / plus side passing using the wall
  - E. Parallel drill exercise - using ground poles and bending poles
  - F. Transitions in the round ring at different gaits / up and down (one on one with Trainer)
  
- IV. Initial training – 40 inch horse baton (classroom) – handout in Chapter 6
  - A. Lecture / handout from Cliff Horn, S.J.P.D., P.O.S.T. Master Instructor
  - B. Liability / certification (proper training) to be able to use / carry this tool
  - C. Defensive weapon only!
  - D. Show / view Stable wall pictures – in the heat of a hostile / negative crowd situation(s)
  - E. Many uses, more than just a weapon (example to name only one – come along)
  - F. Clean training mannequin / dummy for upcoming instruction using the horse baton
  
- V. Trail ride outside of the stable area (civilian riding attire – bring ID, radio and gun / cuffs)

- A. Trail ride with the instructional staff (rabbit – walk & trot? – depending) – soft ground
- B. Upper end of the Park – JFK, Concourse area & return by JFK (do not go near 19<sup>th</sup> ave.)
- C. Clean horse(s) and tack and return properly (homework – Chapter 6 / law enforcement)

## **DAY 18 (Tues.) / 10 Hours**

- I. Line-up / stable duty
  - A. Topics and tasks for the instructional day
  - B. Stall cleaning (stable duty)
  - C. Horse assigned to the individual trainee / student for the day
  - D. Help instructional staff set up for the next training module if needed
  
- II. Continuation of trailer training
  - A. Hook-up (trailer & truck) – safety guidelines
  - B. Driving – both truck & trailer (no horses on board) – Sunset Blvd. – Lake Merced circle
  - C. Backing up (Police Stable & or Angler’s Lodge parking lot(s) – no horses on board)
  - D. Loading and unloading horses (use of one or two horses for exercise) – Police Stable
  - E. Cleaning the trailer & truck, plus maintenance rules / guidelines for a Unit deployment
  
- III. Basic horsemanship (Police Stable & or round ring – depending on private riding lessons)
  - A. Posture and balance in the saddle – lecture (classroom) – Chapter 5
  - B. Use of legs (leg yields – yo-yo ground school game – 1, 2, or 3 level of pressure)
  - C. Turning on the quarters (front only)
  - D. 45 degree turns (2 corners in use) / after – side passing using the wall (6 ft. each way)
  - E. Parallel drill exercise - using ground poles & bending poles
  - F. Transitions in the round ring at different gaits / up and down (one on one with Trainer)
  
- IV. Basic horsemanship (Polo Field arena East)
  - A. Walk and trot (using bending poles)
  - B. Column of twos (The Mounted Drill)
  - C. Transitions in different gaits (walk & trot) – up and down (larger arena – more room)
  
- V. Trail ride outside of the Stable area (civilian riding attire – bring ID, radio and gun / cuffs)
  - A. Trail ride with the instructional staff (rabbit – walk & trot? – depending) – soft ground
  - B. Beats 7 & 8 – North / West of the Park (do not go on the ocean beach)
  - C. Clean horse(s) and tack and return properly (homework – read ground school– 7 games)

## **DAY 19 (Wed.) / 10 Hours**

- I. Line up / join entire Mounted Unit's Wednesday group training (lesson to be announced)
  - A. Join / audit Unit group training if appropriate or at skill level?
  - B. Early morning exercise (usually about 2 hours)
  - C. Activity – to be announced
  
- II. Basic horsemanship (Police Stable & or round ring – depending on private lesson)
  - A. Posture and balance in the saddle – lecture (classroom) – Chapter 5
  - B. Use of legs (leg yields – yo-yo ground school game – 1, 2, or 3 level of pressure)
  - C. 45 degree turns (2 corners in use) / side passing using the wall
  - D. Use of the large training ball in the arena – crowd control / team work (leg yields)
  - E. Transitions in the round ring at different gaits, plus slide stops (1 on 1 with the Trainer)
  
- III. Mounted Patrol cuffing techniques (classroom)
  - A. Lecture – care, speed cuffing and setting cuff blades (2) each in at 5 clicks
  - B. Video – Sgt. John Curry instructing mounted patrol cuffing techniques
  - C. Using a chair for standing height – 2 man team practicing (no horse in use)
  - D. Using a horse and rider, with a suspect standing on the ground – practice cuffing
  
- IV. Column of twos training – The Mounted Drill (stable arena) – 3 step instruction / KISS
  - A. Lecture – prison walk / guide right, plus flip chart diagram of movements (classroom)
  - B. Using leg yields to move up & in / in & out (troopers to twos and back)
  - C. Ground / bending poles to help guide
  - D. Passing the baton (to each other, from poles / cups and off of the wall cup)
  
- V. Trail ride outside of the stable area (civilian riding attire – bring ID, radio and gun / cuffs)
  - A. Trail ride with the instructional staff (rabbit – walk & trot? – depending) – soft ground
  - B. Beats 5 & 6 – West end of the Park (do not go on the ocean beach)
  - C. Clean horse(s) and tack and return properly (homework – read scenario training / 6)

*"What we do in life echoes in eternity."* From the movie Gladiator – General Maximus

**DAY 20 (Thurs.) / 10 Hours**

- I. Line-up
  - A. Topics and tasks for the instructional day (classroom)
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  
- II. Basic horsemanship (Police Stable & Angler's Lodge parking lot – following painted lines)
  - A. Posture and balance (3 step instructional training) – see Angler's Parking lot diagram
  - B. Use of legs (leg yields – yo-yo ground school game – 1, 2, or 3 level of pressure)
  - C. Turning on the quarters (front only)
  - D. 45 degree turns (2 corners in use) / plus side passing using the wall
  - E. Parallel drill exercise - using ground poles &, bending poles
  - F. Safety guidelines review & ride – runaway (1 on 1 with the Trainer) Angler's parking
  
- III. Riding exercise (Police Stable) – OIC / new Sgt. leading the drill (120 minute training) diagram
  - A. 2 hour exercise - numerous practice sessions with a final 20 minute ride lead by the OIC
  - B. Octagon circle with 2 entrances / enter gate –circle around pole in the center & exit gate
  - C. Riding around the outside of the octagon / circle in a column of troopers (walk & trot)
  - D. One rider at a time enters the circle through one gate, turning around, & out the other
  - E. Initially at the gait of walk, and then later, the exercise will finish at comfortable trot
  - F. Team effort, taking commands from the OIC / new Sgt., guide right (3 to 6, 9 to 12)
  
- IV. Law enforcement scenario training – Chapter 6 (see 2 mounted officers, one suspect - diagram)
  - A. Handout (Chapter 6) props – tools and a flip chart to diagram / explain each scenario
  - B. Three step instructional rule for this training exercise (classroom / breeze way / arena)
  - C. On horseback, partners – 2, against one suspect - instructor (5 scenarios – role playing)
  - D. 5 different scenario locations already set up in the arena (props / equipment)
  - E. Triangulate rule approaching, gun side facing suspect & notify HQ of your location
  
- V. Review of Week 5 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
  
- VI. Preparation for Week 6
  - A. Veterinarian training / ride-along with the Vet (1 on 1) – each student at least 2 days

- B. Guest equestrian instructor – Rod Bergen, M.I., next Wednesday morning
- C. Horsemanship – round ring, stable arena & East end (Polo field) training
- D. Polo Field arena (East end) – first stage of grooming / cleaning for upcoming use?
- E. Public street riding – initial stages (Richmond & Sunset Districts) FTO's ride along
- F. Homework for the weekend – (read Chapter 5 / Equestrian section – seat and balance)

## ***Mounted Police Academy – Week Six***

### **DAY 21 (Mon.) / 10 Hours**

- I. Veterinarian training–ride-along on calls / observe the Vet at work, ½ of the Academy at a time
  - A. On the job training with the Mounted Unit Veterinarian (Petaluma, CA) – 2 days each
  - B. Horse anatomy – first hand
  - C. First aid (basic) and monitoring vital signs
  - D. Illness and first aid (injury) – all depending on what is on the vet's schedule for the day
  - E. Veterinarian handouts to be added to Basic Academy manual (Chapter 10)

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- II. Other ½ of the Academy learner(s) stay at the Police Stable – basic horsemanship
  - A. Line-up / student's critique document turned in
  - B. Stable duty / horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  - D. One on one private lesson with the instructor / Trainer if needed
- III. Trail ride – G.G.P. / basic horsemanship training – Polo field East arena
  - A. Trail ride – Chain of Lakes, Goose Neck Meadow, Polo Field & Speed Way Meadow
  - B. Polo Field arena - practice different gaits
    - 1. Transitions up and down
  - C. Practice giving a parking ticket from a horse (use Department vehicle / truck)
- IV. Basic horsemanship (Police Stable & or round ring – depending on needed private lesson?)
  - A. Posture and balance in the saddle – lecture (classroom)
  - B. Use of legs (leg yields – 1, 2, or 3 level of pressure) toes up and heels down
  - C. 45 degree turns (2 corners in use) / side passing using the wall
  - D. 2 tracking – left and right / 15 minute exercise
  - E. Transitions in the round ring at different gaits, plus slide stops (1 on 1 with the Trainer)
- V. Street ride on the inner Sunset and or Richmond District

- A. Group ride – one on one (one instructor / FTO to each trainee rider)
- B. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest and equestrian helmet
- C. Get off and on the horse at least once on the ride
- D. Return to Police Stable – clean horse and tack

## **DAY 22 (Tues.) / 10 Hours**

### I. Veterinarian training / ride-along

- A. On the job basic training
  - B. Horse anatomy – first hand
  - C. Monitoring vital signs
  - D. Illness and first aid
- 

### II. Other ½ of the Academy learner(s) stay at the Police Stable – basic horsemanship

- A. Line-up / horse assigned to the individual trainee / student for the day
- B. Stable duty / stable management
- C. Help instructional staff set up for the next training module if needed
- D. One on one private lesson with the instructor / Trainer if needed

### III. Horsemanship

- A. Stretching and warm-up exercises (Stable arena)
- B. Walk, trot and canter (transitions at different gaits) – Polo field East arena
- C. Short trail ride back to the Police Stable without the instructor(s)

### IV. Stable management

- A. Clean Police Stable for Wednesday's guest instructor
- B. Groom (grade) / prepare Stable arena for upcoming training
- C. Homework assignment for Wednesday's guest instructor – Chapter 5 (The Equestrian)

### V. Horsemanship – Serpentine drills (Polo Field East arena) – see serpentine diagram

- A. Arena groomed, watered and cleared before use, by instructional staff
- B. Longer / bigger arena – set up 6 tall bending poles in a straight line / row–15 yards apart
- C. Leg yield around poles at a walk, then walk wide around the arena to the starting point
- D. One at a time in the arena – trot the poles and go wide at a canter ending at a slide stop
- E. Return to the Police Stable – clean horse(s) and tack & replace properly
- F. Prepare for visiting instructor tomorrow (whatever is needed)



## **DAY 23 (Wed.) / 10 Hours**

- I. Veterinarian training / ride-along
  - A. On the job basic training
  - B. Horse anatomy – first hand
  - C. First aid and monitoring vital signs
  - D. Illness and first aid

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- II. Veterinarian training **cancelled** for the day because of Mounted Unit Wednesday group training
  - A. Guest Riding Instructor – **Rod Bergen**, Equine Master Instructor (L.A.S.O.)
    - See resume / lesson plan for the day (waiver signed)
    - 1. Invited (outside) Mounted Patrol Units (trainers / supervisors / officers)
    - 2. Morning – lecture (breeze way classroom) plus Stable arena presentation
    - 3. Horsemanship and ground school (use of one horse for demonstration)
    - 4. Barbecue after morning presentation
    - 5. One on one private riding lessons for S.F.P.D. Academy trainees (round ring)
    - 6. Return visiting instructor to Oakland International airport
    - 7. Clean Police Stable and return all props to their proper place
- III. Street ride on the inner Sunset and or Richmond District
  - A. Group ride – one on one (one instructor / FTO to each trainee rider)
  - B. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest and equestrian helmet
  - C. Get off and on the horse at least once on the ride
  - D. Return to Police Stable – clean horse and tack

1. Credibility
2. Emotion (passion)
3. Logic

**DAY 24 (Thurs.) / 10 Hours**

- I. Veterinarian training / ride-along
  - A. On the job basic training
  - B. Horse anatomy – first hand
  - C. First aid and monitoring vital signs
  - D. Illness and first aid

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- II. Other ½ of the Academy learner(s) stay at the Police Stable – basic horsemanship
  - A. Line-up / horse assigned to the individual trainee / student for the day
  - B. Help instructional staff set up for the next training module if needed
  - C. One on one private lesson with the instructor / Trainer if needed
- III. Serpentine training (Polo Field East arena)
  - A. Warm up / stretch – Stable arena
  - B. Short trail ride by trainees up to Polo field arena (instructional staff setting-up props)
    1. Six standing colored poles – 15 yards apart (straight line / in a row)
    2. Walk through – using leg yields (column of troopers) then go wide around the fence
    3. Trot through – then go wide around the arena and stop (one at a time)
    4. Trot through one at a time, then canter around / near the fence and come to a slide stop
- IV. The Mounted Drill training (classroom / outside Police Stable parking lot – driveway)
  - A. Video Quiz – “The Bravest Horse”
  - B. Walk through on foot– initial stages of the Mounted Drill (Column of 2s, then go to an on-line)
- V. Street ride on the inner Sunset and Richmond Districts
  - A. One on one (trainee to instructional staff & or FTO)
  - B. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest and equestrian helmet
  - C. Get off and on the horse
  - D. Return to Police Stable and clean horse and tack / put away properly
- VI. Review of Week 6 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
- VII. Preparation for Week 7

- A. Serpentine drills – walk, trot and canter (Polo field East arena)
- B. Ground pole (cavalette) / jumping training (Stable arena)
- C. The Mounted Drill – 3 step instruction (show, walk through & then ride in a group)
- D. Law enforcement from a horse
- E. Public street riding – initial stages (Richmond & Sunset Districts) FTO's ride along
- F. Homework for the weekend – (read Chapter 7 / The Mounted Drill)

## *Mounted Police Academy – Week Seven*

### DAY 25 (Mon.) / 10 Hours

- I. Line-up / student's critique document turned in / stable duty
  - A. Stable duty
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  - D. One on one private lesson with the instructor / Trainer if needed (round ring)
  
- II. Lecture – preparation for the 7<sup>th</sup> week of training (classroom)
  - A. Horsemanship – explanation and handouts for student training manual
  - B. Flip chart – beats G.G.P / Sunset & Richmond Street rides - diagrams / maps
  - C. Trailer training / loading horses in a stock trailer
  - D. S.F.P.D. Mounted Patrol Unit – Proficiency Riding Test (document – 11 skills)
  
- III. Horsemanship – serpentine training / practice Proficiency Test (Polo Field East arena)
  - A. Warm up / stretch – Stable arena
  - B. Short trail ride by trainees up to Polo field arena (instructional staff setting-up props)
    - 1. Six standing colored poles – 15 yards apart (straight line / in a row)
    - 2. Walk through – using leg yields (column of troopers) then go wide around the fence
    - 3. Trot through – then go wide around the arena and stop (one at a time)
    - 4. Trot through one at a time, then canter around / near the fence and come to a slide stop
  - C. Practice the first 6 elements of the riding Proficiency Exam (see / review Proficiency handout)
  
- IV. Horsemanship – ground pole (cavalette) training (Stable arena) – see cavalette diagram / picture
  - A. Lecture – English or western tack / flip chart – why and how we use ground poles (classroom)
  - B. Three painted ground poles (cavalettes) – 4 ½ feet apart (in a horizontal row)
  - C. Walk, and later trot over / 2 point riding position over poles (ground pole riding handout)
  
- V. The Mounted Drill training (classroom / outside Police Stable parking lot – driveway)
  - A. View video (VCR – TV) – mounted crowd control tactics / demonstration (classroom)
  - B. Walk through on foot (no horses) – initial stages of the Mounted Drill (Column of 2s, on line)
  
- VI. Street ride on the inner Sunset and or Richmond District

- A. One on one (trainee to instructional staff & or FTOs)
- B. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest and equestrian helmet
- C. Get off and on the horse at least one time
- D. Tag a vehicle if possible
- E. Return to Police Stable and clean horse and tack / put away properly

## **DAY 26 (Tues.) / 10 Hours**

- I. Line-up / stable duty
  - A. Topics and tasks for the instructional day
  - B. Stall cleaning (stable duty)
  - C. Horse assigned to the individual trainee / student for the day
  - D. Help instructional staff set up for the next training module if needed
  
- II. Basic horsemanship (Police Stable & or round ring – depending on needed private lesson?)
  - A. Bend, supple your horse / warm up, student stretches in the saddle (Stable arena)
  - B. Use of legs (leg yields – 1, 2, or 3 level of pressure) toes up and heels down
  - C. 45 degree turns (2 corners in use) / side passing using the wall – see diagram / picture
  - D. 2 tracking – left and right / 15 minute exercise
  - E. Transitions in the round ring at different gaits, plus slide stops (1 on 1 with the Trainer)
  
- III. S.F.P.D. Equestrian Proficiency Exam (Stable arena)
  - A. The 1<sup>st</sup> six elements of the Test (group exercise) / practice Exam at least 3 times
  - B. Test given by either Stan Buscovich or Chris Olocco
  - C. Test / ride recorded on camcorder (Flip) & viewed on TV / critiqued later in classroom
  
- IV. Continuation of trailer training (loading horses) – Police Stable parking lot
  - A. Guidelines for loading horses –important safety lecture (classroom)
  - B. Rules / guidelines for loading horses (demonstration)
  - C. Loading (saddle / tack on and or off)
  - D. Cleaning the trailer & truck, plus maintenance rules / guidelines for a Unit deployment
  - E. View DVD / TV of loading horses into a trailer / ground school techniques (classroom)
  
- V. Horsemanship–ground pole (cavalette) training (Stable arena)–see ground pole diagram/picture
  - A. Three painted ground poles (cavalettes) – @ 4 ½ feet apart (in a horizontal row)
  - B. Walk and later trot over cavalettes
  - C. 2 point riding position over poles – set up orange cones to help (ground pole handout)
  
- VI. Ride with the instructional staff / FTOs (G.G.P. – beats 1, 2, 3, & 4 / upper East end of Park)
  - A. One on one (trainee to instructional staff & or FTOs)
  - B. Concourse, Tea Garden, Academy of Science, Conservatory & Children’s Playground
  - C. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest & equestrian helmet
  - D. Get off and on the horse at least one time

- E. Tag a vehicle if possible
- F. Return to Police Stable and clean horse and tack / put away properly

*Care, and not fine stables, makes a good horse.*  
- Danish Proverb -

### **DAY 27 (Wed.) / 10 Hours**

- I. Line up / join entire Mounted Unit's Wednesday group training (lesson to be announced)
  - A. Join / audit Unit group training if appropriate or at skill level?
  - B. Early morning exercise (usually about 2 hours)
  - C. Activity – to be announced
  
- II. Basic horsemanship – remedial riding (Stable arena or round ring)
  - A. Needed / requested equestrian / riding skills and knowledge
  - B. Proficiency Test – 1<sup>st</sup> six elements practiced
  - C. Use of ground poles in the arena to help with needed riding skills
  - D. One on one training with the instructor upon request
  
- III. Horsemanship training module – recorded and critiqued (arena / classroom – TV-camcorder)
  - A. Warm-up and stretch before ride
  - B. Seven weeks of riding skills demonstrated in training session (recorded – camcorder)
  - C. Ten minutes of training session viewed on TV (critiqued by both students & instructors)
  
- IV. Ground pole (cavalette) and jumping training (Stable arena) – see cavalette / jumping diagram
  - A. Three painted ground poles (cavalettes) – @ 4 ½ feet apart (in a horizontal row)
  - B. Walk and later trot over cavalettes
  - C. 2 point riding position over poles – set up orange cones to help (ground pole handout)
  - D. Final part of training session – 3<sup>rd</sup> (last) cavalette set at a one foot jump (blocks used)
    - 1. Trot over 2 ground poles, then canter depart after going over 3<sup>rd</sup> pole – jump
    - 2. Safety officers / instructors positioned at set up & come down / canter (cones)
  
- V. Horsemanship – serpentine training / practice ¼ turns and 2 tracking (Polo Field East arena)
  - A. Warm up / stretch / use of ground poles set up for ¼ turns & 2 tracking – Stable arena
  - B. Short trail ride by trainees up to Polo field arena (instructional staff setting-up props)
    - 1. Six standing colored poles – 15 yards apart (straight line / in a row)
    - 2. Walk through – using leg yields (column of troopers) then go wide around the fence
    - 3. Trot through – then go wide around the arena and stop (one rider at a time)
    - 4. Trot through one at a time, then canter around / near the fence and come to a slide stop
  
- VI. Ride with the instructional staff / FTOs (G.G.P. – beats 5 & 6 / lower West end of the Park)

- A. One on one (trainee to instructional staff & or FTO)
- B. Polo Field, Bercut Field, Windmills/walking trail between, & golf/archery/soccer areas
- C. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest & equestrian helmet
- D. Get off and on the horse at least one time
- E. Tag a vehicle if possible
- F. Return to Police Stable and clean horse and tack / put away properly

### **DAY 28 (Thurs.) / 10 Hours**

- I. Line-up (classroom)
  - A. Topics and tasks for the instructional day
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
- II. Basic horsemanship – remedial riding (Stable arena or round ring)
  - A. Needed / requested equestrian / riding skills and knowledge
  - B. Proficiency Test – 1<sup>st</sup> six elements practiced
  - C. Use of ground poles in the arena to help with needed riding skills
  - D. One on one training with the instructor upon request
- III. Warm up for advanced training / riding exercise drill – The Jefferson Express (arena) – see diagram
  - A. Normally the “Jefferson Express” is done in a column of twos movement (trot / canter)
  - B. For this Academy training – troopers at the walk & then trot the center and catch up to front
  - C. If riding skills have evolved - troopers at the trot and catch up, inner circle at the gait of canter
  - D. The **Express** movement goes in the opposite direction after the final rider(s) have ridden around the arena at the faster gait (clockwise and then counter clockwise)
  - E. Two or three beat (depending) music should be played while the Express is in progress
- IV. S.F.P.D. Memorandum / request for mounted patrol **uniforms** and **equipment**
  - A. Copied from previous request – manual / chapter 5 (document saved– Mounted Unit computer)
  - B. Hard copy – signed and walked through chain of commanding (final signature TAC captain)
  - C. Signed memo copy taken to Hall of Justice / Property Clerk’s Office (uniform vouchers)
  - D. Vouchers taken to uniform stores for ordering, fitting and pick-up of all items requested
- V. Ride with the instructional staff / FTOs (beats 9 & 10 – out Sunset Blvd. to Lake Merced and back)
  - A. One on one (trainee to instructional staff & or FTO)
  - B. Sunset Blvd., Lake Merced, Police Range, Olympic Club, Great Highway (**NO** Ocean Beach)
  - C. Bring ID, radio, cuffs, gun and tag book / wear Mounted Unit vest & equestrian helmet
  - D. Get off and on the horse at least one time
  - E. Tag a vehicle if possible
  - F. Return to Police Stable and clean horse and tack / put away properly
- VI. Review of Week 7 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
- VII. Preparation for Week 8
  - A. Practice S.F.P.D. Riding Proficiency Test – Polo Field East arena

- B. Property Clerk's Office – requisitions / S.F.P.D. Mounted Unit uniforms and equipment
- C. Order, fitting and pick-up at police uniform stores (mounted uniforms and equipment)
- D. Monday – guest speaker / **Steve Holroyd** (cowboy – the real deal)
- E. Wednesday – guest trainer / **Ofc. Cliff Horn**, S.J.P.D., CA POST Master Instr. (horse baton)
- F. Trail rides – G.G.P. / street rides – Sunset and Richmond districts
- G. Sensory training – flares, smoke, fireworks & an equestrian walk through water trough
- H. Horsemanship – lecture / use of an English saddle in training (classroom / Stable arena)

## ***Mounted Police Academy – Week Eight***

### **DAY 29 (Mon.) / 10 Hours**

- I. Line-up / student's critique document turned in / stable duty
  - A. Stable duty
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  - D. One on one private lesson with the instructor / Trainer if needed (round ring)
  
- II. Horsemanship lecture @ 2 hours / **guest – Steve Holroyd** / a working cowboy (classroom)
  - A. Classroom / props already prepared
  - B. Lecture – riding skills and knowledge (a lifetime of a working cowboy) (waiver signed)
  - C. Validation by guest instructor of Trainer's instruction (Basic 10 week Academy)
  
- III. Basic horsemanship (Police Stable & or round ring – depending on needed private lesson?)
  - A. Bend, supple your horse / warm up, student stretches in the saddle (Stable arena)
  - B. Use of legs (leg yields – 1, 2, or 3 level of pressure) toes up and heels down
  - C. 45 degree turns (2 corners in use) / side passing using the wall – see diagram / picture
  - D. 2 tracking – left and right / 15 minute exercise
  - E. Transitions in the round ring at different gaits, plus slide stops (1 on 1 with the Trainer)
  - F. Clean horse(s) and tack / put away properly
  - G. Homework assignment – English center riding / manual – Chapter 5
  
- IV. S.F.P.D. Police Range (Lake Merced) – use of Dept. vehicle for transportation to the Range
  - A. Ceremonial gun issued for each Mounted Police academy trainee–Beretta 96 GT 40 cal.
    - 1. Three extra magazines
    - 2. Magazine gun belt pouch
    - 3. Ammo issued

- V. S. F.P.D. Property Clerk's Office and Fiscal Office (Hall of Justice, 850 Bryant St. S.F.)
  - A. Approved (signed – chain of command) Mounted Police uniform memorandum request
    - Walk through in person (much faster than Department mail)
      - 1. Vouchers (document) given to each trainee by Property Clerk
      - 2. Approved and stamped by Fiscal Office
        - (a.) Vouchers to be presented to each uniform store (Galls / Johnson Leather)

### **DAY 30 (Tues.) / 10 Hours**

- I. Line-up / stable duty
  - A. Topics and tasks for the instructional day
  - B. Stall cleaning (stable duty)
  - C. Horse assigned to the individual trainee / student for the day
  - D. Help instructional staff set up for the next training module if needed
  - E. One on one private lesson with the instructor / Trainer if needed (round ring)
  
- II. Horsemanship / law enforcement preparation for horse baton guest instructor (Stable arena)
  - Guest instructor tomorrow (Wednesday) Cliff Horn, CA P.O.S.T. instructor
    - A. Bend, supple your horse / warm up, student stretches in the saddle
    - B. Use of legs (leg yields – 1, 2, or 3 level of pressure) toes up and heels down
    - C. 45 degree turns (2 corners in use) / side passing using the wall – see diagram / picture
    - D. 2 tracking – left and right / 15 minute exercise
    - E. Use of the large equestrian training ball / 2 tracking – moving into the ball (team work)
    - F. Practice using the horse baton in the training, striking the large ball in defense
    - G. Clean horse(s) and tack / put away properly
    - H. Set up props / equipment for tomorrow's guest instructor
    - I. Homework assignment – read horse baton handout / manual – Chapter 6
  
- III. Police uniform Store – Galls
  - A. Bring approved vouchers from the Property Clerk's Office / Fiscal Office
  - B. Trainer along to help with fitting of mounted breeches and sizing of equestrian riding boots
  - C. Allow at least 2 to 3 hours to order, size and pick up all needed clothing / equipment on the list
  
- IV. Police Stable locker room – set up at least 2 to 3 **lockers** for each trainee
  - A. One to two lockers for Mounted Patrol clothing, boots and civilian travel clothes
    - 1. Hangers and garment bags (to protect from barn dust)
  - B. One additional locker for equipment – plastic drawers and inside door / wall racks
    - 1. Hygiene bathroom kit
    - 2. Uniform / boot cleaning equipment



*“Courage is being scared to death –  
but saddling up anyway”*  
John Wayne -

**DAY 31 (Wed.) / 10 Hours**

- I. Line-up / S.F.P.D. Mounted Unit – Wednesday group training
  - A. Topics and tasks for the instructional day (classroom)
  - B. Prepare Police Stable (breeze way – classroom) and arena for guest instructor
  - C. Horse assigned to the individual trainee / student for the day
  - D. Warm up - stretch and supple your horse for upcoming guest training (horse baton)
  
- II. Horse baton training / certification – **P.O.S.T Master Instructor – Ofc. Cliff Horn S.J.P.D.**
  - A. Guest – CA P.O.S.T. Master Instructor – horse baton teacher (wavier signed)
  - B. @ two hours of training (lecture, written test– classroom, plus arena **red man** challenge)
  - C. Arena training
    - 1. Clothing / officer (safety equestrian helmet) tack & horse checked by instructor
    - 2. Warm up ride in arena
    - 3. Horse baton strikes (by all riders) on exercise bags held by two safety officers
    - 4. On line movement / formation – two tracking (The Mounted Drill) repeats
    - 5. Striking instructor (**red man**) – protective / defensive hits using the horse baton
    - 6. Closing remarks / critique by guest instructor – P.O.S.T certification (Sac. CA)
    - 7. Prepare Department Memo for horse baton training / certification – attendees
    - 8. Order horse baton (40 inch / black) for each Mounted Police Academy trainee
    - 9. View horse-back riding segments in the movie “The Last Samurai” (lunch break)
  
- III. Clothing store designated for S.F.P.D. uniform leather jacket – Johnson Leather / Polk St.
  - A. Bring approved voucher from the Property Clerk’s Office / Fiscal Office
  - B. Trainer along to help with proper fitting of Mounted Police leather jacket
  - C. Allow at least one hour to order and fit
  - D. Also bring along protective vest and gun belt (plus service gun) to use in the fitting
  - E. After returning to Police Stable – supplemental Memo for additional uniforms needed
  
- IV. Continuation of clothing / equipment **locker** set-up for new Mounted Police officer(s)
  - A. One to two lockers for Mounted Patrol clothing, boots and civilian travel clothes
    - 1. Hangers and garment bags (to protect from barn dust)
  - B. One additional locker for equipment – plastic drawers and inside door / wall racks

1. Hygiene bathroom kit
2. Uniform / boot cleaning equipment

*Carpe diem, quam minimum credula postero*  
Seize the day, trust least to the future

### **DAY 32 (Thurs.) / 10 Hours**

- I. Line-up (classroom)
  - A. Topics and tasks for the instructional day
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  
- II. Basic horsemanship – warm-up riding exercises for the day (Stable arena or round ring)
  - A. Warm up, stretch and supple your horse
  
- III. Sensory training (Stable arena)
  - A. Set up a walk through pond using a plastic tarp / walls made from ground poles (10x20)
    1. Lecture – horse vision and what they see / diagram chart of arena (classroom)
    2. Walk through pond, @ 6 inches deep, using empty plastic bottles as floats
    3. Walk through first by instructor on foot, then follow through by horse & rider
    4. Column of troopers to follow after each rider is successfully through
  
- IV. Continuation of trailer training / driving practice – backing and going forward (Police Stable lot)
  - A. S.F.P.D. truck and trailer (four horse stock trailer) / no horses used for this training
  - B. Guidelines for horse trailer (stock) and truck – important safety vehicle lecture (classroom)
  - C. Just use Police Stable parking lot and outside area for this training exercise
  - D. Going forward & backing up into the Police Stable parking lot (specific area / parking)
  - E. Clean the trailer & truck, plus maintenance rules / guidelines for a Unit deployment
  
- V. Horsemanship – lecture / use of an English saddle in training (classroom / Stable arena)
  - A. Lecture and flip chart diagram of training arena (use of poles and cavalettes) classroom
  - B. Use of two Department English saddles and bridles (bridle – snaffle bit)
  - C. Column of troopers at the walk over the cavalettes
  - D. At the walk through over the cavalettes in the 2 point position (depending–rider’s level)
  
- VI. Trailer horses (S.F.P.D. truck and trailer – stock) to Land’s End Parking Lot (beats 7 & 8)
  - A. Proper loading and unloading of horses at the Police Stable (supervised by Trainer)
  - B. Trainee(s) driving the truck and trailer both ways to the Land’s End Parking Lot
  - C. FTO to ride with trainees / short trail ride – beats 7 & 8
  - D. After returning to the Police Stable – clean horse(s) and tack / put away properly
  - E. Homework assignment for the weekend – review The Proficiency Riding Test / Chapter 5
  
- VII. Review of Week 8 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
  
- VIII. Preparation for Week 9

- A. Tuesday – night shift (stable duties, trailer horses, night ride and flare / sensory training)
- B. Tuesday – guest instructor / Lt. Bill Beermann, Sacramento PD (Mounted Unit CO)
- C. Practice riding Proficiency Test / pony a horse to training – Polo Field East arena
- D. Wednesday – Unit group training / Ceremonial Functions of a Mounted Unit
- E. Trail rides – G.G.P. / street rides – Sunset and Richmond districts
- F. Thursday – Student “Law Enforcement Presentations” (classroom & or Stable arena)
- G. Friday – final written examination (10 week Academy) 90% or better to pass
- H. Friday – Ocean Beach ride (instructional staff & FTOs – one on one with the trainees)
- I. Purchase and set-up – Mounted Police uniform / U.S. Cavalry – *spurs* and black leather boot straps

## *Mounted Police Academy – Week Nine*

### **DAY 33 (Mon.) / 10 Hours**

- I. Line-up / student’s critique document turned in / stable duty
  - A. Stable duty
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  - D. One on one private lesson with the instructor / Trainer if needed (round ring)
  
- II. Practice S.F.P.D. Equestrian Proficiency Exam
  - A. Warm-up round ring – one on one (practice canter transitions up and down)
  - B. Use of 1 ft. plastic batons under each rider’s arm pits – to balance arms / upper body
  - C. Polo Field East arena (pony a horse to the training)
  - D. Warm up, take the exam
  - E. Test given by Trainer – Stan Buscovich
  - F. Camcorder recording for evaluation later (TV – classroom)
  
- III. Field Training Officer (FTO) – Golden Gate Park
  - A. One on one ride along (in a group) with the instructional staff / FTOs
  - B. Skills and knowledge needed for each beat in and around GGP
  - C. Who to know on each beat
  - D. Where to tie up on each beat
  - E. Map of trail locations, meadows & points of interest on each beat (Sgt.’s office, Stable)
  - F. Law enforcement needs / possible violations on each beat
    - 1. Instruction – Mounted Unit daily activity form
  - G. Weather and terrain
  
- IV. Beats 1, 2, 3, & 4
  - A. Upper end / East end of GGP
  - B. Concourse – Band Shell, De Young, Academy of Science
  - C. Children’s Playground, Conservatory, Arboretum & Pan Handle (Basket ball ct./ DMV)

- D. Meadows and points of interest
  - E. Return to the Police Stable and clean horse and tack / put away properly
  - F. Homework assignment – review written exam questions (in chapter 1) / test Friday
  - G. Tomorrow / Tuesday – night shift ride / trailer (working – 1300 hrs. to 2300 hrs.)
- V. Go along on any detail to help / observe only – no horse(s) (on the job training)
- A. Ceremonial
  - B. Community / public relations
  - C. Downtown detail

### **DAY 34 (Tues.) / 10 Hours**

- 1300 hours to 2300 hours (night ride / trailer)

- I. Details (attend and observe if a mounted unit detail comes up)
- A. Ceremonial
  - B. Community / neighborhood relations
  - C. Downtown
- II. Line-up / warm up horse and rider(s) in Stable arena and round ring (depending)
- A. Topics and tasks for the instructional day
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  - D. One on one private lesson with the instructor / Trainer if needed (round ring)
  - E. Guest instructor – **Lt. Bill Beermann**, C.O., Sac. P.D. Mounted Patrol Unit
- III. Practice S.F.P.D. Equestrian Proficiency Exam
- A. Warm-up round ring (practice canter transitions up and down)
  - B. Polo Field East arena (pony a horse to the training)
  - C. Warm up, take the exam
  - D. Test given by Trainer – Stan Buscovich
  - E. Camcorder recording for evaluation later (TV – classroom)
- IV. Swing shift duties
- A. Bring horses in for night time feeding (dinner)
  - B. Clean tack
  - C. Prepare night time supplements / feeding (loft) for morning meal
- V. Night ride
- A. Trailer to G.G.P. Golf Course parking lot – dusk ride to Angler’s Lodge parking lot with FTOs – flare pattern exercise, then ride back to Police Stable (with staff)
    1. Use of a flashlight
    2. Light reflectors (4) attached to the horse legs
    3. Small red strobe lights attached to the tack

4. Ride – column of twos
5. Sensory training (flare patterns) Angler’s Lodge parking lot

VI. Angler’s Lodge parking lot (@ 300 yards away from the G.G.P. Police Stable)

- A. Dusk ride training / Department **safety vehicle** on scene with lights – if necessary
- B. Flare pattern (2 long sets of flares – unlit, then lit)
- C. The Mounted Drill (column of troopers, and then a column of twos – at the walk)
- D. Ride back to Police Stable after exercise / clean horse(s), tack and trailer (stock)

**DAY 35 (Wed.) / 10 Hours**

I. S.F.P.D. Mounted Unit – Wednesday group training

- A. Join Unit group training at this point in the basic Academy instruction
- B. CA P.O.S.T. certified course “Mounted Patrol – Ceremonial Functions”
- C. Activity / instruction – @ 6 hours / depending on time allotted for training

II. Mounted Patrol – Crowd Control Tactics

A. **CURRICULUM / INSTRUCTIONAL EVENTS**

1. Classroom - Introduction, Course Overview
2. Goals / Objectives, Topics and Tasks - Needs / Purpose
3. Group Activity - Mounted Color Guard Questions (video / DVD)
4. Protocol, Etiquette and Safety Guidelines – For Riding Arena
5. Classroom / Outside (on foot) - Three Step Instructional System – Mounted Police Ceremonial Training
6. Riding Arena -Warm Up / The Mounted Drill
7. Application of Skills / Protocol - Color Guard Formations and Movements
8. Cool Down – Put Away Horses – Return to Classroom
9. Written Examination, Review and Evaluation of Training

III. Details / assignments

- A. Discuss past details (problems / solutions)
- B. Future details / assignments
- C. Instructing (enlightening) the Department command staff
- D. See Mounted Patrol Training Tip # 4
- E. United States Congress – “Flag Act”
- F. Community and press relations

IV. Practice S.F.P.D. Equestrian Proficiency Exam

- A. Warm-up round ring (practice canter transitions up and down)
- B. Polo Field East arena (pony a horse to the training)

- C. Warm up, take the exam
- D. Test given by Trainer – Stan Buscovich
- E. Camcorder recording of riding exam – for evaluation later (TV – classroom)
- F. Tunnel ride training – Polo Field North entrance and exit
- G. Return to the Police Stable and clean horse and tack / put away properly

***Leadership:** Keep your fears to yourself, but share your courage.  
-Robert Louis Stevenson-*

### **DAY 36 (Thurs.) / 10 Hours**

- I. Line-up (classroom)
  - A. Topics and tasks for the instructional day
  - B. Horse assigned to the individual trainee / student for the day
  - C. Help instructional staff set up for the next training module if needed
  
- II. Final Riding Exam – **S.F.P.D. Equestrian Proficiency Test** (pass or fail)
  - A. Warm-up round ring (practice walk / trot / canter transitions up and down)
  - B. Ride to testing location – Polo Field East arena
  - C. Warm up, take the exam (one trainee at a time)
  - D. Test given by Trainer–Stan Buscovich (exam document attached to student evaluation binder)
  - E. Award for passing – issue of 1 black medal **crossed sabers** pin – to be worn on uniform
  - F. Given to each student from Trainer – uniform duty **knife** (Have Trainer Will Travel)
  - G. Camcorder recording for evaluation later (TV – classroom)
  
- III. **Final written exam** (taken from the topics and tasks of the 10 week basic Mounted Patrol Academy)
  - A. Minimum passing score – 90%
  - B. Final written exam administered by the Trainer – Stan Buscovich
  - C. Test document added to individual trainee’s evaluation binder
  
- IV. **Student** oral / riding **“Presentations”** (classroom and or stable arena) – why this skill is necessary
  - 15 minutes maximum (subject matter pertaining to Mounted Patrol)
  - A Sgt. Newland – command experience S.F.P.D. – 12 years (district stations / bureau)
  - B. Ofc. Sato – 10 week Basic Mounted Patrol Academy training experience
  - C. Ofc. Gan (firearm instructor – 9 years) – upcoming Simunitions training for the Mounted Unit
  - D. Stan Buscovich, Trainer – gives a mounted officer barn tour / school field trip presentation
  
- V. Ocean Beach ride with the instructional staff / FTOs (1 on 1 for each trainee)
  - A. Sunset District
    - 1. Down to the Great Highway (South Trail)
    - 2. Ocean Beach ride (heading South)
      - (a.) Figure 8’s and two tracking
      - (b.) Walk, trot and canter
      - (c.) The Mounted Drill (basic movements and formations)
      - (d.) Dog(s) chasing the horses and how to handle this problem
    - 3. Heading East up from the beach to Sloat Blvd. (The Zoo)
    - 4. Back to the Park – using Sunset Blvd. (bridal trail)

- VI. Review of Week 9 - testing / evaluations of Academy students / mounted patrol training
  - A. Written
  - B. Verbal
  - C. Application / demonstrate
  
- VII. Preparation for Week 10
  - A. Field training rides – City & County of San Francisco (1 on 1 with instructional staff / FTOs)
  - B. Visit Mounted Patrol locations for regular, annual details / assignments
  - C. “Mounted Crowds Control Tactics” – a California P.O.S.T. certified course

## *Mounted Police Academy – Week Ten*

### DAY 37 (Mon.) / 10 Hours

- I. S.F.P.D. Mounted Unit Basic Academy **Proficiency Test** (riding) – **if needed after last Thurs.?**
  - A. Proficiency Riding Test – pass or fail (11 skills / requirements) – Polo Field East arena
  - B. Written exam – 90% or better – classroom
  - C. Award for passing – issue of 1 black medal **crossed sabers** pin – to be worn on uniform
  - D. Given to each student from Trainer –uniform duty **knife** (Have Trainer Will Travel)
  
- II. Field training on the streets of San Francisco – classroom
  - A. Discuss locations & events of the 5 biggest details / assignments of the year
    1. Chinese New Year Parade (4<sup>th</sup> & Market St. to China Town) – night ride
    2. New Year’s Eve (Embarcadero, Broadway & or Union Square) – night ride
    3. Halloween – Market & Castro Street – night ride
    4. Safe Shopping – Holiday / Christmas Season – Union Square (2 month detail)
    5. Candlestick and A T & T Park – professional sports games
  - B. Marina Greens onto Pier 39 & back
  - C. Presidio – Visit US Park Police Mounted Patrol Unit (HMP)
  - D. Embarcadero & Mission St. up to Union Square and back
  
- III. Field Training with Instructional staff / FTOs – City & County of San Francisco
  - A. Inspection of trainee, horse, tack, truck and trailer (at the Police Stable & on ride site)
  - B. Trailer to location (Marina Greens parking lot) and back
  - C. Marina Greens onto Pier 39 & back
    1. Surfaces
    2. Crowds / tourist (good public relations)
    3. Weather
    4. Law enforcement from a horse

- D. Return to the Police Stable and clean horse and tack / put away properly
- IV. Injuries on horse mounted patrol (HMP) – classroom
- A. The use of an Equestrian helmet is a must!
  - B. Knees go first, one way or another – protect / treat with R.I.C.E.
  - C. Cuts and bruises working around horses / barn
  - D. Wash hands many times a day (stable duty / working around horses)
  - E. Use of a daily eye cleaning solution is a must
  - F. Use of a safe breathing device / mask for stable duty chores

### **DAY 38 (Tues.) / 10 Hours**

- I. Field Training Officer (FTO) – City & County of San Francisco
- A. Discuss / critique the previous days ride before leaving the Barn (classroom)
    - 1. What worked / what did not – needs improvement / clarification
  - B. Inspection of trainee, horse, tack, truck and trailer (at the Police Stable & on ride site)
  - C. Trailer to location and back
  - D. Presidio (call days before and ask U.S. Park Police permission to visit – courtesy)
    - 1. Almost like GGP – surfaces/ terrain
    - 2. Cross Mounted Unit / HMP training (many times in the past)
    - 3. Trailering experience into a safe location (trainees drive)
    - 4. Ride along (Presidio) with members from the U.S. Park Police - HMP
- II. Uniforms
- A. Arrange / organize AA dress / ceremonial uniform coat
  - B. Arrange / organized mounted officer uniforms / equipment
  - C. Arrange boots, spurs (purchase U.S. Cavalry silver spurs) together (shine / polish)
  - D. Check uniform store(s) for clothing / equipment on order
- III. Guest instructor / speaker – Phil Buscovich, novelist
- A. Author of “The Streets of San Francisco and Their History”
  - B. Why you need City information / directional information as a Mounted Police officer
- IV. Details (if a detail comes up, be assigned with a senior mounted officer)
- A. Ceremonial
  - B. Barn / stable tour or Field Trip
  - C. Department / Community / Neighborhood



## **DAY 39 (Wed.) / 10 Hours**

- I. S.F.P.D. Mounted Unit – Wednesday group training
  - A. Join Unit group training at this point in the Academy instruction
  - B. CA P.O.S.T. certified course “Mounted Patrol – Crowd Control Tactics”
  - C. Activity / instruction – @ 6 hours / depending on time allotted for training
  
- II. Mounted Patrol – Crowd Control Tactics
  - A. **CURRICULUM / INSTRUCTIONAL EVENTS**
    - 1. Classroom (**no horses**) – Introduction, Course Overview & Learning Objectives
    - 2. Explanation and Use of Mounted Crowd Control Equipment
    - 3. Three Step Instructional System for Crowd Control Training (movements and formations) on foot / no horses – 1 instructor / 2 safety officers for exercise
    - 4. Safety Guidelines For Riding / Sensory Arena – SFPD communications notified
    - 5. Warm-up Exercises (students/mounts) The Mounted Drill, and Sensory Training
    - 6. Practice movements & formations – Polo Field or trailer to empty parking lot
    - 7. Riding Arena – Application of Skills (sensory & crowd control exercises)
    - 8. Examination, Review and Evaluation of Training
  
- III. Details / assignments
  - A. Discuss past details (problems / solutions)
  - B. Future details / assignments
  - C. Instructing (enlightening) the Department command staff
  - D. See Mounted Patrol Training Tip # 5
  - E. A mobile force, not a stationary target

*Si vis pacem, para bellum* If you want peace, prepare for war

**DAY 40 (Thurs.) / 10 Hours**

- I. Field Training Officer (FTO) – City & County of San Francisco
  - A. Final inspection of horse and tack
  - B. Trailer to location and back
  - C. Downtown ride – Market St. / Union Square / China Town
    1. Surfaces
    2. Crowds / tourist (good public relations)
    3. Sounds
    4. Law enforcement from a horse
- II. Prepare for Mounted Police Academy graduation ceremony (Polo Field GGP and Police Stable)
  - A. Set date (Wednesday / October 14, 2009 – 1200 hours / noon)
  - B. Notify Chief (call office – check schedule) / supervisors – prepare Department Memo
  - C. Clean barn, prepare for event
- III. Review of Week 10
  - A. The big 5 events / assignments of the year for the Mounted Unit
  - B. One on one ride along with the Trainer (FTO)
  - C. Oral presentation(s)
  - D. Injuries on the job (HMP)
  - E. Mounted Crowd Control Tactics
  - F. **Prepare / submit Department Memo certifying trainees to Mounted Patrol Unit**
- IV. Review of 10 weeks of training (Mounted Patrol Basic Academy)
  - A. Evaluations
  - B. Critique form completed
  - C. Final written exam
  - D. Fill out all ending training forms / memos for the Department
  - E. Siddhartha – *“It’s the journey, not the goal.”* (ten weeks of Mounted Patrol training)
- V. Final remarks

- A. **If you're visible, you're valuable!**
- B. **A golden opportunity** – the horse is like a magnet (great public relations)
- C. **Be a rider, not a lucky passenger** – never stop training (at least 15 minutes every day)

*Vox audita perit, littera scripta manet* The heard word is lost, the written letter abides